


BADWATER®



BADWATER



**WORLD'S
TOUGHEST**

May 2014
Salton Sea, CA



REAL-EST

Ranchita R
(760)

RANCHITA CA

adventureCORPS®

"Out There Since 1984"



Chris and Laurie Kostman.



Chris with Team A Step Ahead.



Chris with Team FOMO.

Founded in 1984, AdventureCORPS®, Inc. is an athlete-run producing the world's toughest races and promoting the world's toughest brand, BADWATER®.

Adventure is our way of life, so we are extremely pleased to host **Badwater Salton Sea**, the second leg of the **Badwater Ultra Cup**, on May 5-6, 2014. This three-event series kicked off on March 22 with Badwater Cape Fear and concludes on July 21-23 with Badwater 135.

A truly epic event in an otherworldly location, Badwater Salton Sea pits 57 of the world's toughest athletes, competing together as teams of three, against one another, the route, and the elements. Covering 81 miles (131km) non-stop from the Salton Sea to Palomar Mountain and with a team ultra running format unique to this race, it is the one of the most demanding and extreme running races on the planet. As the racers, support crews, staff, and the world learned in 2013, it is truly deserving of its "BADWATER" moniker.

The start line is the shoreline of the Salton Sea at Salton City, located at 125' (38m) below sea level in Imperial County. The race finishes at Upper Meadow Lodge on Palomar Mountain, one of San Diego County's tallest peaks at 5500' (1676m) and the home of the world famous Palomar Observatory. The race course covers two mountain ranges for a total of 9,000' (2743m) of cumulative vertical ascent.

We thank and salute the County of Imperial, County of San Diego, California Department of Transportation, and Anza-Borrego Desert State Park, whose staff - and permits - oversee this event. We thank all the AdventureCORPS staff for their hard work in hosting a smooth and successful race. We thank everyone involved with the event for their sense of adventure and unassailable commitment to sportsmanship, fair play, and esprit de corps.

We wish everyone—racers, crews, staff, sponsors, media, and fans—a safe and successful race this year. May this truly be a life-changing experience for everyone.

Yours in sport,

Chris Kostman

Race Director and Chief Adventure Officer

TABLE OF CONTENTS

Welcome Letter	1
Badwater Immersion	2
Schedule of Events	3
Badwater Salton Sea Report 2013	4
About Salton Sea	6
Anza-Borrego Desert State Park	7
Palomar Mountain	8
Official Race Route	9
Official Race Roster	12
Race Map	14
Race Rules	16
Medical Risks	19
Teams From 2013	20
Photos From 2013	21
Badwater Cape Fear Report	24
The Official Charities of AdventureCORPS	26
AdventureCORPS and the Environment	27
Badwater Ultra Cup	29

adventureCORPS®

"Out There Since 1984"



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P20: 2013 race team mugshots by Michael Angelos.

P21-23 2013 action shots by Chris Kostman and Dave Nelson.

Design and Layout by Kevin Fung, kevin@kfungdesign.com

BADWATER® IMMERSION

Would you like to learn all about BADWATER® and Ultrarunning, without having to run 50 to 135 miles? Would you like to enjoy a 48-hour active learning get-away in an awesome Southern California oasis in the company of high-energy, super friendly, very accomplished people like yourself?

If so, we invite you to immerse yourself in the world of ultra running and Badwater with some of the biggest names and most insightful coaches, promoters, and professionals ever assembled. Come to learn, to have fun, to expand your horizons, to learn the secrets of longevity, health, and more in this jam-packed weekend get-away held at a southern

California desert oasis. Come to Badwater Immersion on May 2-4 in Borrego Springs, CA!

Open to the public, to anyone with on the quest to know and do more, Badwater Immersion will be held immediately before the world-famous Badwater Salton Sea race, giving participants the chance to rub elbows, run, practice yoga, and hang out with some of ultra running's most elite athletes. Invitation to attend is extended to anyone interested in the BADWATER events and Ultra Running, whether as a competitor or crew member.

The program includes two morning runs through Borrego Springs, Yoga Tune Up® and Yoga For Athletes classes, a three-hour hike, and four sessions of programs on subjects such as "Designing a Multi-Year Plan to Compete in a Pinnacle Event," "Crewing 101," "Finding a Balance in Your Life," "Mental Aspects of Ultra Sports," and more.

Presenters include Marshall Ulrich, Jimmy Dean Freeman, Kate Martini Freeman, Chris Kostman, and Laurie Kostman, plus an all-star panel of Badwater veterans for a round-table Q&A.

For more information, visit www.badwater.com

SCHEDULE OF EVENTS

(Badwater Salton Sea runners and crew are only required to be in Borrego Springs by 300pm on Sunday, May 4.)

BADWATER IMMERSION (separate registration) takes place May 2-4.

Friday, May 2, 2014

700-800pm: Viewing of the AT&T Uverse Three-Part TV Coverage of the 2013 Badwater 135

800-900pm: Journey in Extremes

Cooperative Adventure Racing, Death Valley Circumnavigation, and the Seven Summits (Marshall Ulrich)

Saturday, May 3, 2014

630-800am: Road and trail run around Borrego Springs past many of the incredible metal sculptures which dot the landscape and are known as Galleta Meadows. Depart on foot from hotel lobby at 630am.

800-900am: Yoga For Athletes with Laurie Kostman

This is open to EVERYONE, regardless of yoga experience! Please arrive on time.

900-1000am: Morning Break

1000am-1130am: *Morning Session: Success in the World of Badwater and Ultras*

Designing a Multi-Year Plan to Compete in a Pinnacle Event like Badwater 135: Goal Setting, Race Planning, Managing a Long-Term Mentality, Patience & Perseverance (Jimmy Dean Freeman of Coyote Running)

Crewing 101 for Badwater 135, Badwater Salton Sea, and other Ultras: Crewing, Crew Chiefing, Troubleshooting Problems, Pacing in a Variable Weather Race in Extreme Conditions (Jimmy Dean Freeman and Kate Martini Freeman of Coyote Running)

1130am-1230pm: Mid-Day Break

1230-300pm: *Afternoon Session: Ultra Running for the Long Haul*

Finding a Balance in Your Life (Marshall Ulrich)

Mental Aspects of Ultra Sports (Marshall Ulrich)

Forget the Foam Roller!

Active Recovery and Long-Term Health and Wellness with Yoga Tune Up® Therapy Balls (Laurie Kostman) (Therapy Balls will be loaned to all participants, and may be purchased for \$14 a pair)

300-330pm: Afternoon Break

330pm: Meet at Hotel Lobby to carpool to the trailhead near the start of the Montezuma Grade Road. (All are responsible for their own transportation.)

400pm: (NOTE: All Badwater Salton Sea entrants are welcome to participate in this hike and all activities thereafter.) Depart the

trailhead to hike of some or all of the eight-mile California Riding & Hiking Trail which ascends over 3500 feet from Borrego Springs almost to the tiny hamlet of Ranchita. This trail is included within the BADWATER SALTON SEA race route in the mile 40 to mile 50 range. Many BWSS competitors will join this hike in order to get a preview of the steepest climb within the race. Estimated hiking time 2.5 to 3 hours. It may be HOT, so bring adequate water, electrolytes, clothing, sunscreen, and hat. It's an 8-mile, uphill, one-way hike, so drivers and vehicles to pick hikers up at the top of the trail (just below the summit of Montezuma Valley Road, 1.7 miles before the Ranchita Store) must be coordinated by all involved.

645 to 700pm: Conclude hike at western end of trail. (Transportation back from there must be arranged by all involved.)

700-830pm: Evening Break

830-930pm: Evening Session: *Q&A with Badwater Veterans moderated by Chris Kostman (NOTE: All Badwater Salton Sea entrants are welcome to participate.)*

Sunday, May 4, 2014

630-800am: Road and trail run around Borrego Springs past many of the incredible metal sculptures which dot the landscape and are known as Galleta Meadows. Depart on foot from hotel lobby at 630am.

800-900am: Yoga Tune Up® with Laurie Kostman

This is open to EVERYONE, regardless of yoga experience! Please arrive on time.

Badwater Immersion officially concludes at 900am.

1000am: Meet at Hotel Lobby to carpool to Salton City to visit the start line area and first 35 miles of the Badwater Salton Sea race route. (All are responsible for their own transportation.)

1030am: Depart for Salton City.

300-400pm: *Badwater Salton Sea Runner Check-In and Photos*

400-500pm: *Badwater Salton Sea Pre-Race Meeting*

Monday, May 5, 2014

0526 Civil Twilight (first light in the sky)

0559 Sunrise

0700 RACE START

1115 Moonrise

1928 Sunset

1959 Civil Twilight (no light left in the sky)

Tuesday, May 6, 2014

0057 Moonset

0523 Civil Twilight (first light in the sky)

0559 Sunrise

1100 RACE COURSE CLOSES (28 Hour Limit)

1100 Post-Race Brunch, at the finish line



AdventureCORPS, Inc. is pleased to make the BADWATER® experience available to more adventurers across the USA and beyond with new venues and formats offered in 2013 and beyond. The first of these “sister races” is BADWATER Salton Sea, a new annual event first held May 6 -7, 2013. An official qualifier for Badwater 135 and epic challenge in its own right, this remarkable event challenges 30 teams of three ultrarunners - running together for the duration, not in a relay - to tackle an unimaginable traverse of Southern California deserts and mountains. The route covers 81 miles (130km) non-stop from below sea level at the shoreline of the Salton Sea, across, up, and over Anza-Borrego Desert State Park, to the top of Palomar Mountain with a dramatic view of the Pacific Ocean. The second edition will be held May 5-6, 2014.

The inaugural race was held Monday and Tuesday, May 6 and 7, 2013 and was received with wide acclaim. For 2013, each invited team was required to include at least one Badwater 135 veteran runner or staffer. In 2014, teams will not be required to have a Badwater 135 veteran, but teams with Badwater 135 or Badwater Salton Sea veterans will receive priority entry.

The BADWATER Salton Sea route is approximately 81 miles from Salton City (elevation 125 feet below sea level) to Palomar Mountain, the almost tallest mountain in San Diego County (finish line elevation: 5500 feet above sea level.) There is a total elevation gain of over 9000 feet. Eight of the 81 race miles pass through Anza-Borrego State Park on the California Riding and Hiking Trail from near Borrego Springs to near Ranchita, so, unlike the all-pavement Badwater 135, this race is a mix of road and trail.

Team Format:

Unique to this Badwater race, all race entrants must enter and race as teams of three runners (all male, all female, or co-ed divisions), remaining together for the duration, sharing one support vehicle with at least two crew members. For 2014, approximately 30 teams will be accepted. For teams with no Badwater 135 veteran on the team, all team members must have completed at least one bona fide 50-mile running race, or longer. (Teams with a Badwater 135 veteran as Team Captain are given somewhat wider latitude in selecting their teammates.)

For more information, visit www.badwater.com

“I thought the team concept was excellent. Having teammates was a tremendous motivator for me. It kept the whining to a minimum! Even when I wanted to take a break, for example, I did my best to keep going, not wanting to slow down or disappoint my mates. The concept places a premium on compatibility—race goals, running conditioning and ability, personality. I’d do that format again in a heartbeat.”

—Bob Becker, Team Stray Dogs #2



“I loved it. And I’ll be the first to say that Salton Sea turned out to be the exact opposite of what I expected. Honestly, it turned out better. I had some serious reservations about doing a team event, but now, I would jump at the chance to do it again. I left with more valuable things than I could’ve hoped for. I have some new close friends, and an even stronger bond formed with Amber. It’s amazing how close you can become to another person just by running an ultra with them...”

—Ashley Walsh, Team AAAsugar

RESULTS

1 Coyote 15:57:18 Men’s 30+
Jimmy Dean Freeman, Ray Sanchez, David Villalobos

2 Miami Thrice 17:02:04 Men’s 40+
David Krupski, Bradford Lombardi, Grant Maughan

3 Sole 2 Soul 19:34:00 Men’s 30+
Oswaldo Lopez, Scott Newton, Gabriel Ramirez

4 Neopolitan 20:20:26 Mixed 40+
Meredith Dolhare, Charlie Engle, Mosi Smith

5 ULTRA University 21:12:08 Mixed 30+
Elizabeth Kocek, Tracie Phan, Iso Yucra

6 Canada 23:10:30 Women’s 40+
Tracey McQuair, Barb Owen, Lucy Ryan

7 Stray Dogs #3 23:40:25 Men’s 50+
Bob Becker, Matt Nelson, Sergio Radovicic

8 Stray Dogs 23:40:25 Mixed 50+
Jill Anderson, Bob Haugh, Marshall Ulrich

9 A Step Ahead 24:47:18 Mixed 40+
Nathan Longier, Amy Palmiero-Winters, Russ Reinbolt

10 Stray Dogs #2 26:34:03 Mixed 40+
Kate Fishbeck, Chris Frost, Danny Westergaard

11 FOMO 26:40:23 Mixed 50+
Bill Andrews, Molly Sheridan, John Vigil

AAAsugar 22:26:00 (Honorary) Women’s 20+
Amber Hanks, Marie-Ange Smith (DNF), Ashley Walsh

Jay & The Americans 24:34:30 (Honorary) Men’s 40+
Jay Birmingham (DNF), Derek Fey, Chris Twiggs

Brazil DNF
Mario Lacerda, Douglas Melo, Regina Célia Vieira de Melo

Salton Sea



Excerpted from <http://saltonsea.ca.gov>: The Salton Sea Authority.

In 1901, the California Development Company, seeking to realize the Imperial Valley's potential for unlimited agricultural productivity, dug irrigation canals from the Colorado River. Heavy silt loads, however, inhibited the flow and new residents of the valley became worried. This prompted the engineers to create a cut in the western bank of the Colorado to allow more water to reach the valley. Unfortunately, heavy flood waters broke through the engineered canal and nearly all the river's flow rushed into the valley. By the time the breach was closed, the present-day Salton Sea was formed.

One of the attractions of the Sea is the abundance of life, manifested in the hundreds of species of birds that reside in, or visit, this important wetland habitat, and the fish that inhabit the waters. That is why some scientists have called the Salton Sea "California's crown jewel of avian biodiversity" and perhaps was the most productive fishery in the world.

This abundance of wildlife is particularly critical given the decline of wetlands. Over 90 percent of the wetlands of California have been lost. As California's wetlands decline, the importance of the Sea as a habitat for inland wetland species increases. The Sea's

habitats support up to 40 percent of the entire US population of the threatened Yuma clapper rail, 80 to 90 percent of the American white pelican, and 90 percent of the eared grebe.

Besides the opportunity for bird watching and for fishing, the Salton Sea and its immediate vicinity offer recreational opportunities including boating, camping, off-roading, hiking, hunting, use of personal watercraft and photography. One of the attractions, the Salton Sea State Recreation Area, has 1,400 campsites in five campgrounds, hundreds of picnic sites, trails, playgrounds, boat ramps and a visitors' center.

Salton Sea Statistics

The Salton Sea, located in the southeastern corner of California, is actually a lake which occupies a desert basin known as the Salton Sink. This body of water covers a surface area of 376 square miles, making it larger than Lake Tahoe and Mono Lake. In fact, the Salton Sea is the largest lake in California. The Sea's current elevation is about 227 feet below mean sea level, its maximum depth reaches 51 feet and its total volume is about 7.5 million acre-feet.

Photo by Chris Kostman near the race start line.

Anza-Borrego Desert State Park

Excerpted from www.parks.ca.gov/?page_id=638

Anza-Borrego Desert State Park is the largest state park in California, featuring 500 miles of dirt roads, 12 wilderness areas, and many miles of hiking trails provide visitors with an unparalleled opportunity to experience the wonders of the California Desert. The park is named for Spanish explorer Juan Bautista de Anza and the Spanish word *borrego*, or bighorn sheep. The park features washes, wildflowers, palm groves, cacti and sweeping vistas. Visitors may also have the chance to see roadrunners, golden eagles, kit foxes, mule deer and bighorn sheep as well as iguanas, chuckwallas and the red diamond rattlesnake.

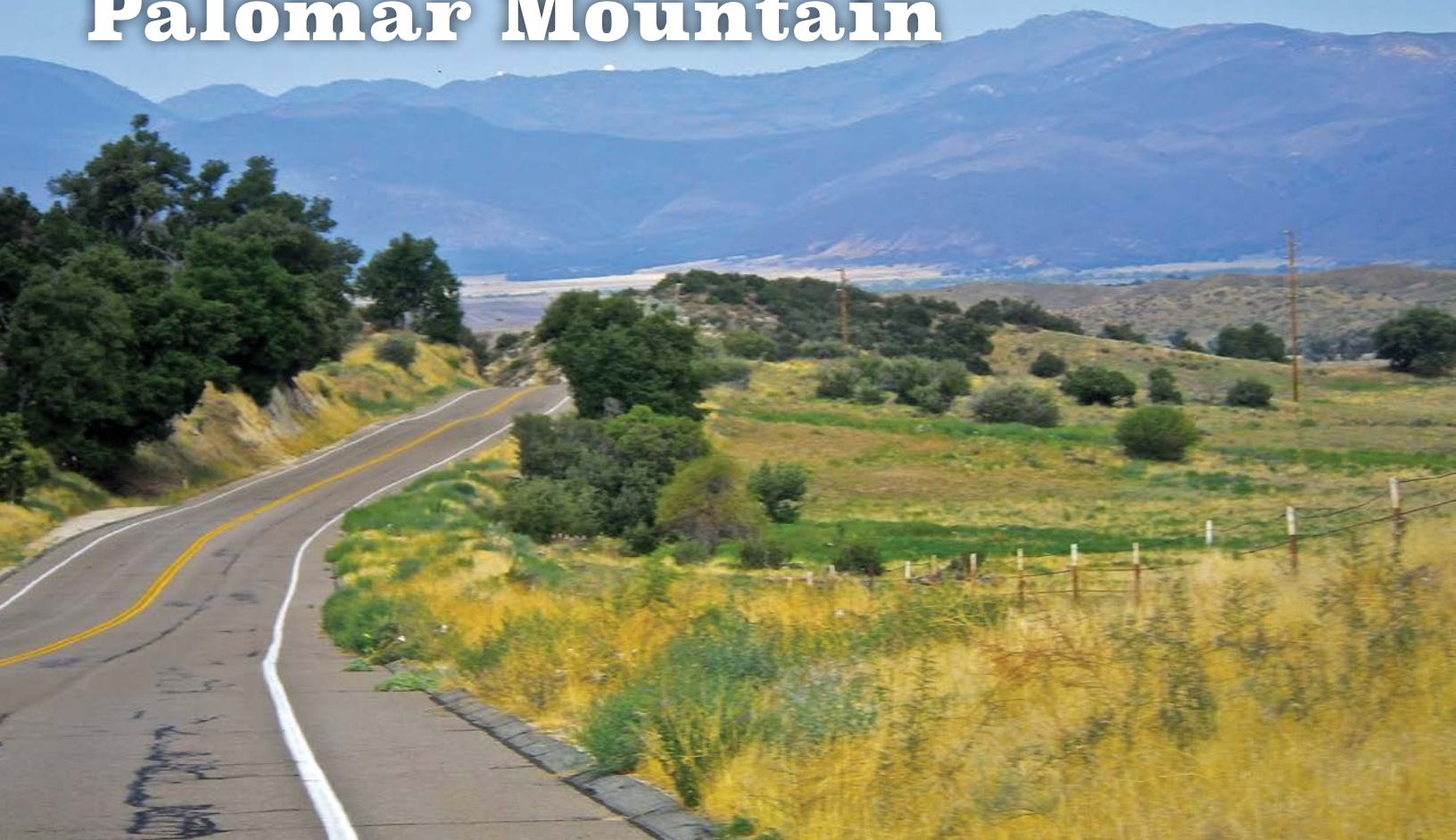
The Park is located on the eastern side of San Diego County, with portions extending east into Imperial County and north into Riverside County. It is about a two-hour drive from San Diego, Riverside, and Palm Springs.

Most visitors approach from the east via Highways S22, S2, or 78. Visitors from San Diego via Highways 79 and 78 have the added pleasure of driving through the mountainous Cuyamaca Rancho State Park--quite a different experience from Anza-Borrego. The highways from the east climb to 2,400 feet or so and then descend about 2,000 feet to the valley. Where the highway breaks out of the high-country vegetation, it reveals the great bowl of the Anza-Borrego desert. The valley spreads below, and there are mountains all around. The highest are to the north--the Santa Rosa Mountains. The mountains are a wilderness, with no paved roads in or out or through. They have the only all-year-flowing watercourse in the park. They are the home of the peninsular bighorn sheep, often called desert bighorn.

There are more wonders in this desert than anyone could see in a lifetime, including wildflowers, which usually start blooming in force in late February or early March. Varieties of cactus bloom at all elevations but at different times, and for wildflower buffs they are the real prize. They tend to be "specimen" blossoms in colors ranging from red to yellow, and green. Other plants, such as the red chuparosa and the yellow brittlebush, show themselves as a mass of tiny flowers covering the surface of a shrub, or even a field of shrubs, or, in a good year, a broad expanse of pink sand verbena.

Photo by Ian Parker.

Palomar Mountain



Excerpted from http://en.wikipedia.org/wiki/Palomar_Mountain

Palomar Mountain is a mountain in the Peninsular Ranges in northern San Diego County. It is famous as the location of the Palomar Observatory and Hale Telescope, and known for the Palomar Mountain State Park.

The Luiseno Indian name for Palomar Mountain was “Paauw” and High Point was called “Wikyo.”

The Spanish name “Palomar,” in English meaning “pigeon roost,” comes from the Spanish colonial era in Alta California when Palomar Mountain was known as the home of Band-tailed Pigeons.

During the 1890s, the human population was sufficient to support three public schools, and it was a popular summer resort for Southern California, with three hotels in operation part of the time, and a tent city in Doane Valley each summer.

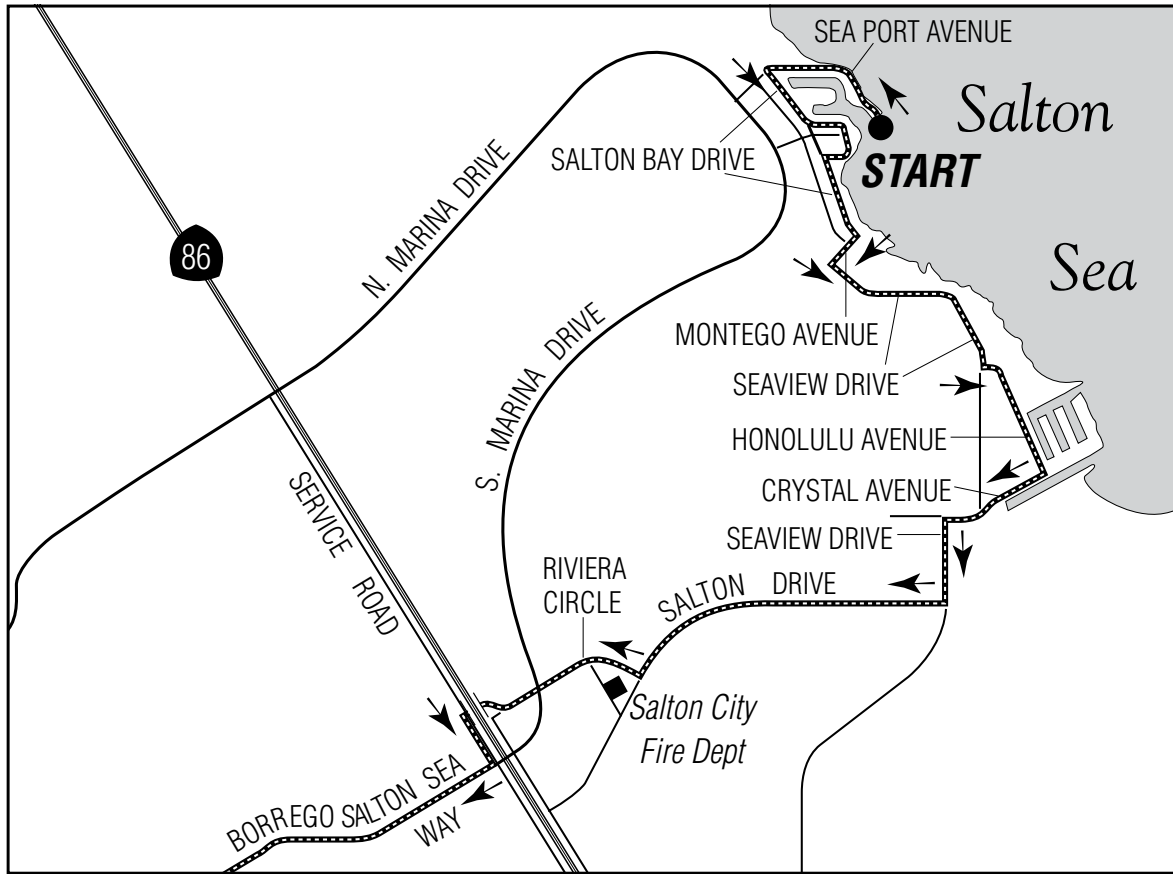
Palomar Mountain is most famous as being home since 1936 to the Palomar Observatory, and the giant Hale Telescope. The 200-inch telescope was the world’s largest and most important telescope from 1949 until 1992. The observatory currently consists of three large telescopes.

Palomar Mountain is the location of Palomar Mountain State Park, a California State Park. There are campgrounds for vacationers, and there was a campground for local school children until the San Diego Unified School District was forced to close it due to state budget cuts. The park averages 70,000 visitors annually. The campgrounds in the park were temporarily closed on October 2, 2011, due to state budget cuts, and the park was among 70 California State Parks threatened by budget cuts in fiscal years 2011-2012 and 2012-2013, but the park and the campgrounds remain open.

Palomar Mountain, especially in the state park area, is densely wooded with abundant oak and conifer tree species (pine, cedar, fir). Ferns are abundant everywhere in the shady forest. The forest is supported by annual precipitation totals in excess of 30 inches.

High Point in the Palomar Mountain range is one of the highest peaks in San Diego County, at 6,140 feet (1,871 m), surpassed by Cuyamaca Peak (at 6,512 feet (1,985 m)) and Hot Springs Mountain (the county’s highest point, at 6,533 feet (1,991 m)).

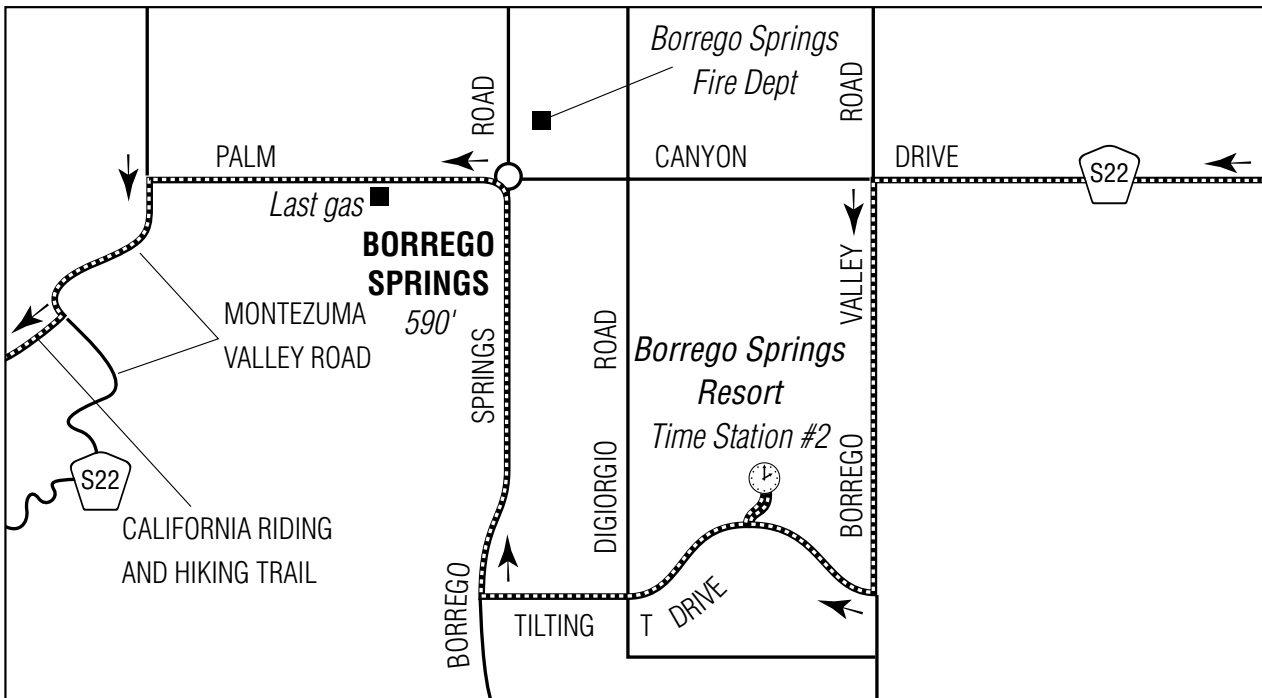
Photo by Chris Kostman. That white dot on the ridge line, a bit left of center, is the Observatory.



<i>Distance (ml.)</i>	<i>Landmarks</i>	<i>Time</i>
0	Salton Sea Start Line at end of Port Avenue	0700
0.65	Left Salton Bay Dr.	
0.93	Left Flamingo Ave.	
1.1	Cross Yacht Club Dr.	
1.22	Road bears right	
1.34	Left Salton Bay Dr.	
1.7	Right Montego Ave.	
1.87	Left Sea View Dr.	
2.46	Stay right on Salton Bay Dr.	
2.83	Left Honolulu Ave.	
3.4	Right Crystal Ave. (T-int)	
3.9	Left Sea View Dr. (SS, T-in)	
4.27	Right Salton Dr. (SS)	
5.8	Right Riviera Circle	
6.34	Cross South Marina Dr. (SS)	
6.5	Veer right towards wash (off-road)	
6.65	Cross under CA 86	
6.7	Left Service Rd.	
6.93	Right Borrego Springs Seaway / S22 (Last Gas until B.S.)	

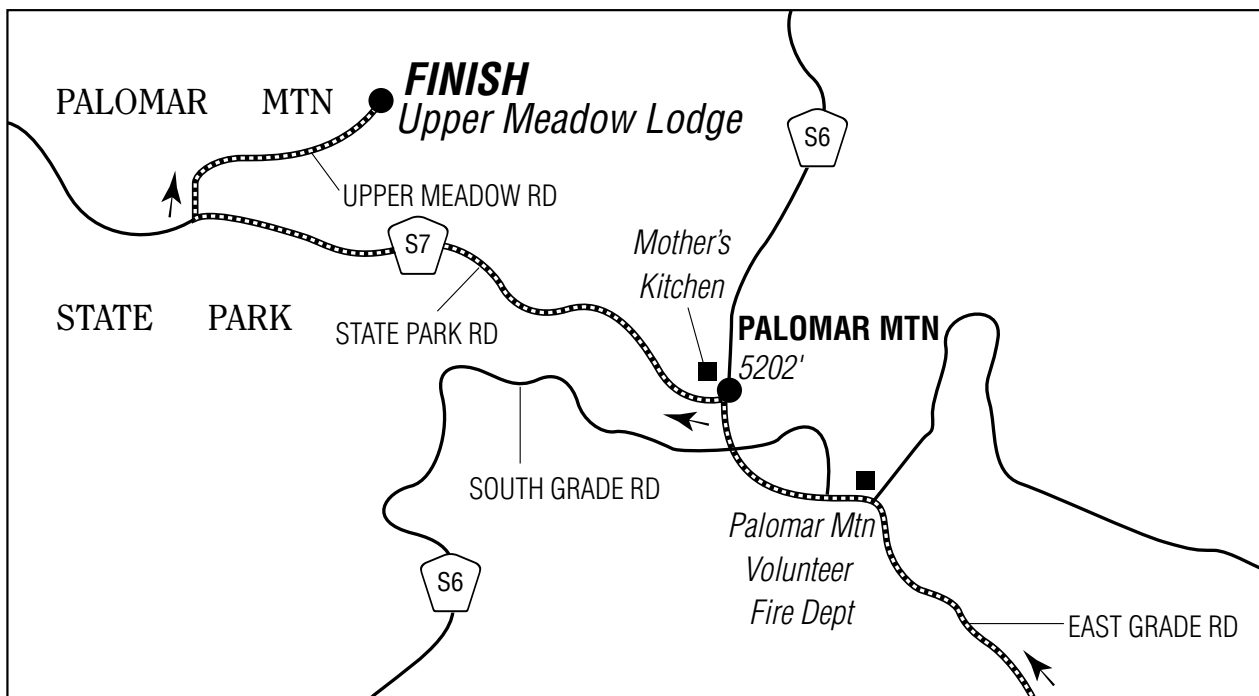
OFFICIAL RACE ROUTE

<i>Distance (ml.)</i>	<i>Landmarks</i>	<i>Time</i>
10.4	Cross Bantsch Trail (first climb)	
14.4	Time Station 1: USN Microwave Tower	
17.1	Big Scenic Overlook on Right	
19.3	Mile Marker 34	
23.15	Big walled pullout on left	
26.3	Mile Marker 27	
27.5	Pass Henderson Canyon Rd.	
28.3	Mile Marker 25	
29.15	Mile Marker 24	
30	Road bear right, becomes Palm Canyon Dr.	
31.35	Borrego Valley Airport & restaurant on right	
32.75	Left Borrego Valley Rd. (SS)	
34.46	Right Tilting T Dr.	
35.07	Right into Borrego Springs Resort	
35.23	Time Station 2: at resort lobby	
	U-turn here	
35.4	Right Tilting T Dr. (SS)	
36.6	Right Borrego Springs Rd. (SS)	
38.3	Left at Christmas Circle (runners may cut the corner)	
38.6	Pass The Mall: Café, Outfitters in back	
38.8	Last Chance for GAS!	
39.75	Left Montezuma Valley Road / S22	
40.55	Time Station 3: Right into dirt parking lot	
40.6	Enter California Right and Hiking Trail	
45.5	Pass east end of Culp Valley Fire Rd (connects to Montezuma Valley Rd)	



Support Crews: After runners depart up the California Riding & Hiking Trail, go back into Borrego Springs for any quick errands, otherwise drive uphill on Montezuma Valley Road and await your runners at the end of the trail (park on the right, just before the rocky summit of the road) or at the Ranchita Store. (Culp Valley Road, which cuts over to the trail, is a 4x4 track!)

<i>Distance (ml.)</i>	<i>Landmarks</i>	<i>Time</i>
48.5	Rejoin paved Montezuma Valley Road: turn right to go uphill	
48.8	Summit of Montezuma Valley Road	
50.2	Time Station 4: Ranchita Store on Right by "Rancheti"	
50.35	Fire Station	
55.25	Right S2 (T-int; yield)	
59.9	Left SR 79 (SS, T-int)	
61.6	Mataguay Scout Ranch on left	
62.2	100km Mark! Huge gravel pullout on right	
63.35	CA DOT "Lake Henshaw" HQ on right	
64.2	Right on SR 76	
67	Viewpoint / Call Box / Large pullout on right	
68	Time Station 5: Lake Henshaw Resort on left / Store / Fire Station	
Note:	Please Telephone Finish Line as Runners Pass Here!	
68.75	Right S7 / East Grade Road	
70.55	Mile Marker 1.8	
72.8	Mile Marker 4.0: View of the Pacific!	
76.8	Mile Marker 8.0	
79.9	Stay left at Fire Station (just after Mile Marker 11)	
80.1	Stay straight onto S6 at four-way stop sign	
80.13	Left on State Park Rd. just before store / Mother's Kitchen	
80.83	Turn right at 33350 Upper Meadow Road 92060	
81	Finish Line at Upper Meadow Lodge	

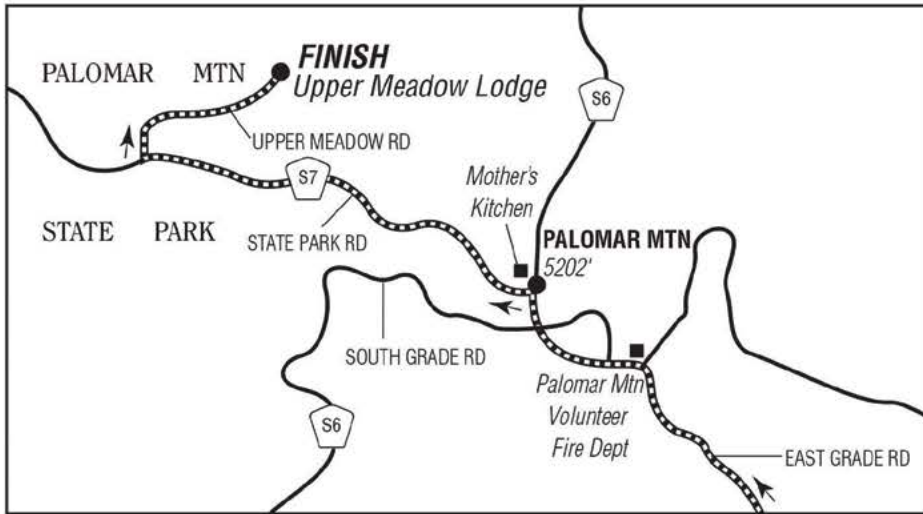


2014 OFFICIAL RACE ROSTER

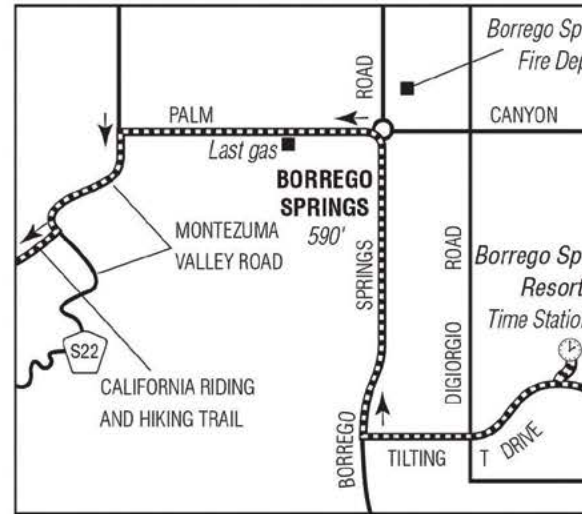
Bib #	Team	Category	Age Group	First	Last	City	State	Country	Nationality	Age	M/F
15	ARC Dogpack	Mixed Team	30+	Maggie	Beach	La Crescenta	CA	USA	USA	42	F
15	ARC Dogpack	Mixed Team	30+	Anthony	Delledonne	Henderson	NV	USA	USA	27	M
15	ARC Dogpack	Mixed Team	30+	Amy	Freese	Stuart	FL	USA	USA	33	F
16	Blondes Run More Miles	Women's Team	40+	Christina	Bilenki	Delray Beach	FL	USA	Canada	29	F
16	Blondes Run More Miles	Women's Team	40+	Kimberlie	Budzik	Friendswood	TX	USA	USA	53	F
16	Blondes Run More Miles	Women's Team	40+	Cindy	Koch	Salem	OR	USA	USA	46	F
17	Eros	Mixed Team	40+	Jennifer	Brunet	Harrington Park	NJ	USA	USA	43	F
17	Eros	Mixed Team	40+	Elena	Makovskaya	Hackensack	NJ	USA	Belarus	34	F
17	Eros	Mixed Team	40+	Anthony	Portera	White Plains	NY	USA	USA	43	M
18	Hell on Heels	Men's Team	40+	Hernan	Garcia	Cocoa	FL	USA	USA	44	M
18	Hell On Heels	Men's Team	40+	Zandy	Mangold	Brooklyn	NY	USA	USA	40	M
18	Hell On Heels	Men's Team	40+	Ashkan	Mokhtari	Thunder Bay	ON	CAN	Canada	47	M
20	IRUN 4	Men's Team	30+	Martin	Short	Grand Forks	ND	USA	Canada	44	M
20	IRUN 4	Men's Team	30+	David	Uhlir	Grand Forks	ND	USA	USA	45	M
20	IRUN 4	Men's Team	30+	Trevoru	Uhlir	Grand Forks	ND	USA	USA	28	M
21	JoRuMi	Mixed Team	40+	Russ	Reinbolt	La Jolla	CA	USA	USA	48	M
21	JoRuMi	Mixed Team	40+	Joshua	Talley	Santa Monica	CA	USA	USA	41	M
21	JoRuMi	Mixed Team	40+	Michelle	West	Santa Monica	CA	USA	USA	41	F
22	Seasoned	Mixed Team	50+	Lorie	Alexander	Calgary	AB	Canada	Canada	55	F
22	Seasoned	Mixed Team	50+	Barry	Hopkins	Calgary	AB	Canada	Canada	60	M
22	Seasoned	Mixed Team	50+	Phil	Nimmo	Mansfield	TX	USA	USA	51	M
23	Purple Mile Munchers	Mixed Team	40+	Jayne	Baldwin	Alpine	CA	USA	USA	34	F
23	Purple Mile Munchers	Mixed Team	40+	Anne	Langstaff	Alpine	CA	USA	USA	52	F
23	Purple Mile Munchers	Mixed Team	40+	Richard	Morrison	Alpine	CA	USA	USA	44	M
24	Run It Fast	Mixed Team	30+	Juli	Goldstein	Vero Beach	FL	USA	USA	36	F
24	Run It Fast	Mixed Team	30+	Joshua	Holmes	Los Angeles	CA	USA	USA	36	M
24	Run It Fast	Mixed Team	30+	Eric	Spencer	Miami Beach	FL	USA	USA	34	M
25	RWB Desert Eagles	Mixed Team	40+	Dale	Cougot	Garland	TX	USA	USA	48	M
25	RWB Desert Eagles	Mixed Team	40+	Christy	Johnston	Destin	FL	USA	USA	44	F
25	RWB Desert Eagles	Mixed Team	40+	Kurt	Moormann	Enterprise	AL	USA	USA	38	M
26	Old Mamas Runwell	Women's Team	50+	Linda	Quirk	Jacksonville	FL	USA	USA	61	F
26	Old Mamas Runwell	Women's Team	50+	Pam	Rickard	Rocky Mount	VA	USA	USA	51	F

Bib #	Team	Category	Age Group	First	Last	City	State	Country	Nationality	Age	M/F
26	Old Mamas Runwell	Women's Team	50+	Sandy	Suckling	Ashwood		Australia	Australia	54	F
27	Smells Like Team Spirit	Mixed Team	40+	Nicklaus	Combs	Alexandria	VA	USA	USA	31	M
27	Smells Like Team spirit	Mixed Team	40+	Catra	Corbett	Fremont	CA	USA	USA	49	F
27	Smells Like Team Spirit	Mixed Team	40+	Emily	Ryan	Washington	DC	USA	USA	39	F
28	Sole 2 Soul	Men's Team	30+	Michael	Jimenez	Marina	CA	USA	USA	40	M
28	Sole 2 Soul	Men's Team	30+	Matthew	Morales	Visalia	CA	USA	USA	24	M
28	Sole 2 Soul	Men's Team	30+	Scott	Newton	Shell Beach	CA	USA	USA	44	M
29	Strangers in the Night	Mixed Team	40+	David	Coats	Houston	TX	USA	USA	53	M
29	Strangers in the Night	Mixed Team	40+	Charanjit	Dhaliwal	San Jose	CA	USA	USA	41	M
29	Strangers in the Night	Mixed Team	40+	Jessica	Hogan	Mesa	AZ	USA	USA	26	F
30	Stray Dogs	Mixed Team	50+	Jill	Andersen	Reno	NV	USA	USA	37	F
30	Stray Dogs	Mixed Team	50+	Bob	Haugh	Paducah	KY	USA	USA	62	XL
30	Stray Dogs	Mixed Team	50+	Marshall	Ulrich	Idaho Springs	CO	USA	USA	62	M
31	KEYS100 Represent	Mixed Team	60+	Bob	Becker	Fort Lauderdale	FL	USA	USA	69	M
31	KEYS100 Represent	Mixed Team	60+	Mandy	Miller	Fort Lauderdale	FL	USA	USA	52	F
31	KEYS100 Represent	Mixed Team	60+	Louis	Rodriguez	Fort Lauderdale	FL	USA	USA	68	M
32	100 Mile Club	Mixed Team	30+	Nathan	Longcrier	Fullerton	CA	USA	USA	41	M
32	100 Mile Club	Mixed Team	30+	Nicole	Matera	Fullerton	CA	USA	USA	24	F
32	100 Mile Club	Mixed Team	30+	Jon	Sakamoto	Los Angeles	CA	USA	USA	33	M
33	Triumph	Men's Team	30+	John	Appert	Reno	NV	USA	USA	35	M
33	Triumph	Men's Team	30+	John	DeDoncker	Davenport	IA	USA	USA	49	M
33	Triumph	Men's Team	30+	Jeff	Friedman	Grand Junction	CO	USA	USA	30	M
34	Yinzers	Men's Team	50+	Jeff	Gleason	Wexford	PA	USA	USA	56	M
34	Yinzers	Men's Team	50+	Keith	Straw	Malvern	PA	USA	UK	59	M
34	Yinzers	Men's Team	50+	Bill	Thompson	Moon Township	PA	USA	USA	47	M

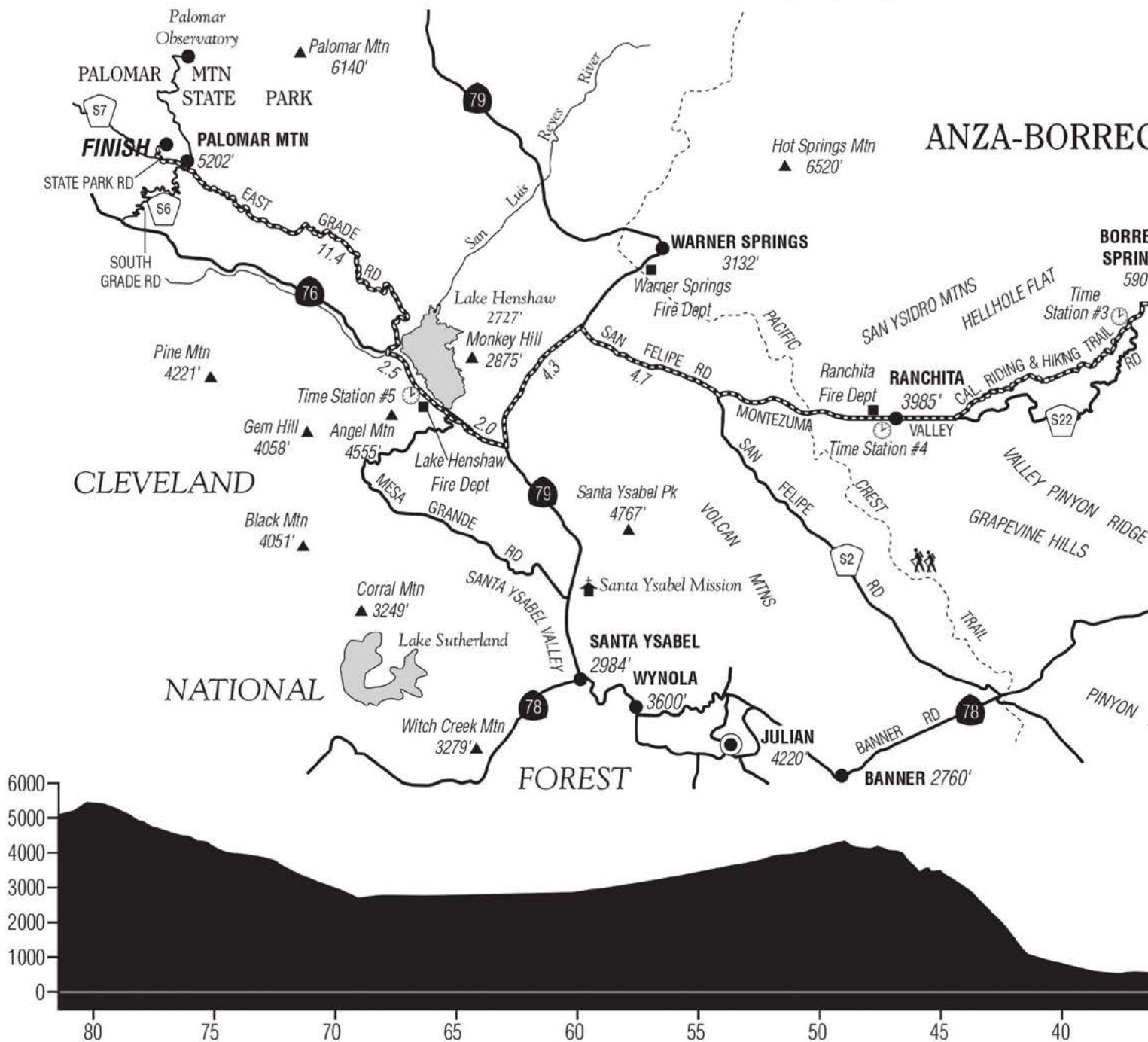




Palomar Mountain detail

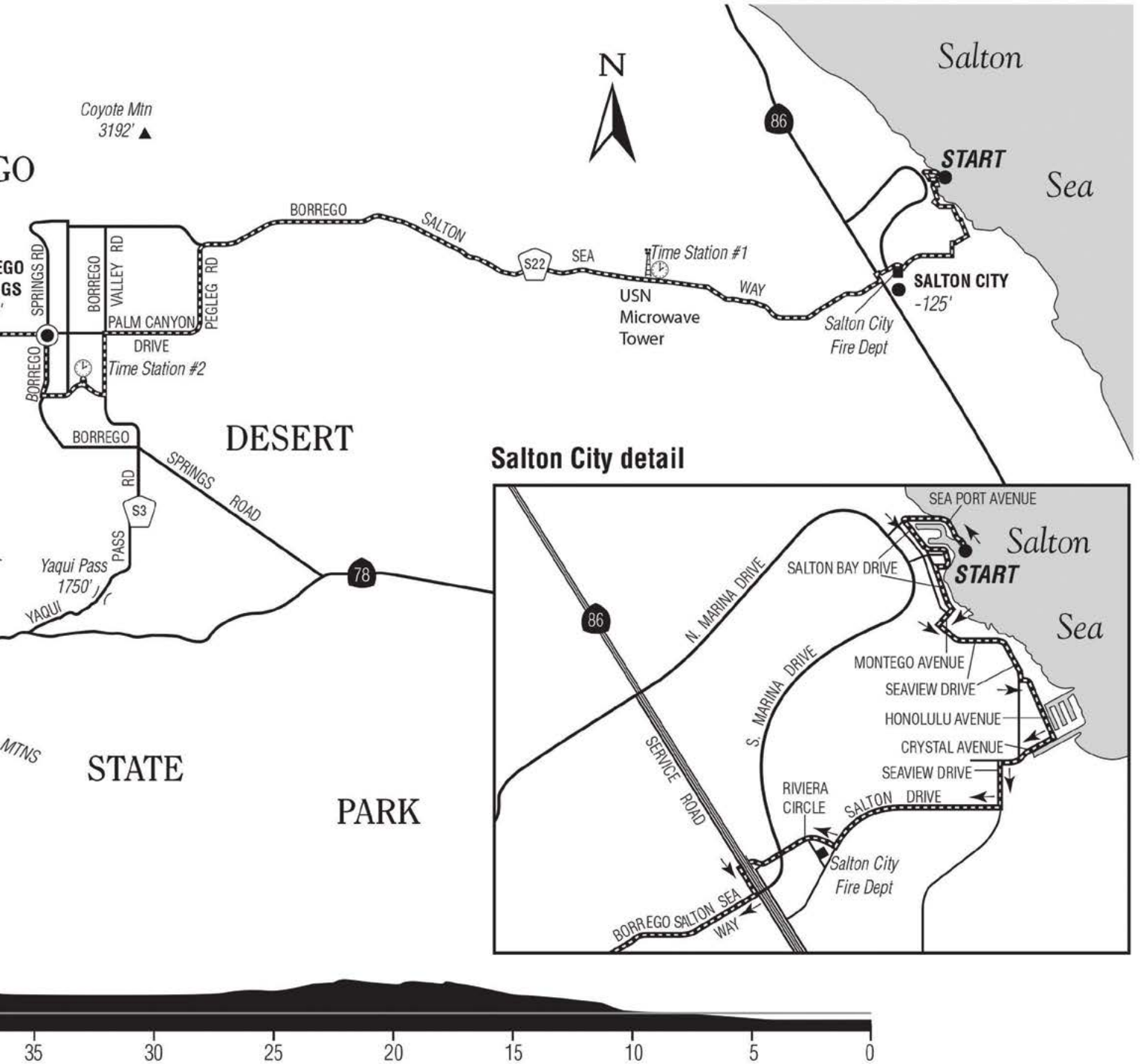
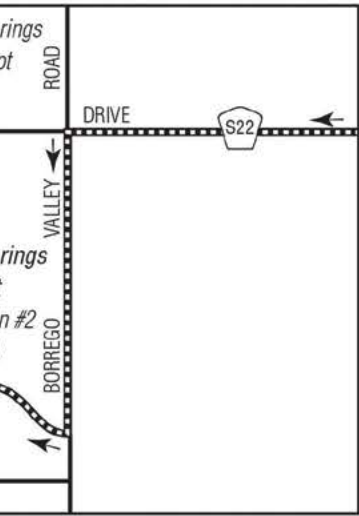


Borrego Springs detail



ANZA-BORREGO





RACE RULES

GENERAL RACE RULES

1. All runners must check in at the start line, ready to race, at 0630 and the race will begin at 0700 on May 5, 2014.
2. There are only three divisions: men's team, women's team, and mixed team.
3. The race number must be worn and visible at all times during the race. It can be placed anywhere obvious: hat, hydration pack, number belt, chest or back of shirt, etc.
4. The clock does not stop for any reason until the race course officially closes after 28 hours. All racers must leave the course by the 28th hour.
5. Running must always be single file and outside the white "fog line" on the edge of the roadway. Running should be off the left side of the road, facing traffic. Running well away from the pavement may be done on either side of the road, depending on which side is safest and has the best line of sight. The intent of the rules and the event's concept is that all running is done outside the white "fog line" and therefore never in any traffic lane (except during the first 6.7 miles through Salton City, where all running is down local roads.)
6. All members of each team must remain together while running (within 25 meters) at all times. Teams must make their presence known at all Time Stations located along the route and may only depart each Time Station together. Team arrival times at Time Stations will be recorded and made public. All members of each team must run the entire distance and cross the finish line together to be considered Official Finishers.
7. Teams which do not complete the course intact (i.e. one or two team members drops out along the way) will not be ranked, but the remaining team members are encouraged to complete the race under all applicable race rules and their finishing times will be listed as "HON," short for "Honorary Finisher." Finisher buckles will be awarded only to all intact team members who complete the full 81-mile route within the guidelines of the race, but only intact teams of three will be ranked as Official Finishers. HON finishers will not be eligible for the Badwater 135 Qualifying Lottery, explained below.
8. Racers, crew, and staff must not litter, mar, or pollute the landscape or environment.
9. All racers, crew and staff must display courtesy, good taste, decorum, and sportsmanship at all times. Nudity is specifically not allowed.

Legal and Bureaucratic Issues

1. All racers must follow and complete the entire application and entry process, filling out all forms and paying all necessary fees.
2. All racers and all crew members must sign the Accident Waiver and Release of Liability / Release of Name and Likeness. Each racer must also bring the properly completed Check-In Form and Medical History Form to Runner Check-In.
3. All race vehicles must meet the minimum requirements of property damage and personal injury liability automobile insurance for the State of California. All vehicle drivers must be fully licensed.
4. All racers and all support team members must attend Racer Check-In and the Pre-Race Meeting.
5. All entrants must bring one U.S. dollar (or more) in a sealed envelope to Racer Check-In. Please write the runner number on the envelope. This envelope will not be returned and the money will be donated to charity.
6. During Racer Check-In, all entrants must display ONE satisfactory reflective vest and TWO blinking red lights PER RUNNER and PER CREW MEMBER. These must be worn and utilized by the runners and crew at all times while outside of vehicles during nighttime periods of the race. Runners without satisfactory quality, or quantity, nighttime safety equipment will not be allowed to compete.
7. All applicants must be a minimum of 18 years in age when submitting an application to race.
8. All racers must be willing to submit to a drug urine test before (at any point prior to the race, after being officially confirmed for entry), during (at any time), or after the race (up to 90 days after the conclusion of the race). If any WADA banned substances are detected, the racer - AND THEREFORE HIS OR HER TEAM - will be disqualified from competition, listed as DISQUALIFIED FOR DOPING in the final standings of the race, and banned for life from any AdventureCORPS event. Refusal to submit a urine specimen upon demand will also result in the racer being disqualified from competition, being listed as DISQUALIFIED FOR DOPING in the final standings of the race, and being banned for life from any AdventureCORPS event. Additionally, any BADWATER Salton Sea finisher who fails a drug test within 36 months after competing in any edition of BADWATER Salton Sea will be retroactively disqualified from any and all previous BADWATER Salton Sea races, removed from all BADWATER Salton Sea race results, as well as banned for life from any AdventureCORPS events.
9. No TV, film, or video crew, person, producer, director or other broadcast media representative may accompany or cover any

racer or the race itself without the specific written permission of AdventureCORPS, Inc. All film crews must sign a Non-Exclusive Licensing Agreement and, potentially, pay a Rights Fee. Additionally, multiple government agencies may also require payment of a filming fee and signature of a filming agreement.

Support Crew and Assistance

1. Each team must be accompanied by a support crew comprised of no more than one four-wheeled motor vehicle and a minimum of two crew members - both of whom are legally licensed to drive and at least one of whom can speak English - at all times. Each team must have its own dedicated personal support crew and vehicle; crew and support vehicles may not be shared, except informally in the spirit of the event, i.e., support crews may lend assistance to other teams, racers, or crews. "Unofficial crews or crew vehicles" and "family cheering squads" are not allowed at the race.

2. Runners must progress under their own power without drafting, helping, pushing, supporting, or any other type of physical assistance, EXCEPT from their teammates. (Teammates may help one another in any reasonable manner, including pushing, pulling, towing, an the like.)

3. Runners may not use walking sticks, ski poles, or the like. So-called "cooling vests" or other types of artificial / technological cooling systems may not be worn or utilized by race entrants while making forward progress on the race course. Crewmembers may not carry an umbrella or shade cover for a runner, except while stationary.

4. Runners may not be accompanied by a crew member at any given time while making forward progress on the race course, EXCEPT during brief moments when supplies are being handed off. Crew members that are handing off supplies, or otherwise providing aid to the runners, must be off the roadway at all times (i.e. outside the white line on the shoulder). Crew members may not run in front of race entrants at any time. Crew members may not accompany runners during the trail section of the race (mile 40.6 to mile 48.5.)

5. After mile 6.7 (leaving Salton City), runners must NEVER run abreast with other runners: All running must be single-file.

6. Crew members may not use illegal drugs, stimulants, or dope, as well as alcohol of any kind, during the race or at any official race events or activities.

7. Wheeled conveyances (other than a motorized support vehicle), including in-line skates, strollers, and bicycles, are prohibited on the course at all times. Likewise for hovercrafts and helicopters. Runners accompanied by any such conveyance will be disqualified.

Support Vehicles

1. The California Motor Vehicle Code, and all local, county, and/or State Park laws, rules, and regulations, must be respected at all times. In particular, support vehicle drivers and crews are reminded that phones must only be operated by the driver with a hands-free device; seat belts must be worn by all vehicle occupants at all times while moving, and it is illegal to drive on a highway while displaying emergency flashers. For further information, consult the DMV Code.

2. Support vehicles may not be wider than 78" in width (not counting mirrors, fenders, or bumper which extend beyond the widest part of the actual vehicle body.) Small Cars, Minivans, and SUVs are recommended. Oversize SUVs, vans, and trucks, or other types of oversize vehicles are strongly discouraged. Motorhomes, RVs, "SportsMobiles," Sprinter Vans, and all types of Hummers are specifically not allowed.

3. All support vehicles must have their headlights on while driving, 24 hours a day, except as noted in Rule 8 in this section of the rules.

4. All race vehicles must have highly visible signage on the back of the vehicle stating "CAUTION RUNNERS ON ROAD," as provided by the race organizers at Runner Check-In. (Teams may provide their own signage for this purpose, but its suitability will be inspected.)

5. All support vehicles must have their Team's designated race number easily and clearly visible on all four sides. The race number must be at least 11" (28cm) tall. A high-visibility "paint pen" may be used to mark the team number in the lower right corner of the windows on all four sides of the vehicle, so long as it does not obstruct the view through any of the windows. (The race organizers will have several paint pens available for this purpose.) Alternatively, or additionally, teams may choose to have custom signage made to identify their vehicle: Team numbers are mandatory; Team Names are optional, but encouraged.

6. Except as noted above, the view through vehicle windows may not be blocked or obstructed with any signage, paint, or the like. All vehicles will be inspected at the start line, and no team will be allowed to start the race which has any vehicle windows blocked excessively. If a team's support vehicle is found with blocked windows during the race, that team will be forced to stop and wait while the vehicle's windows are unblocked and signage properly mounted.

7. Vehicles must "leapfrog" the runner at all times. Generally speaking, each "leapfrog" must be at least THREE MILES or more in length during daylight, and ONE MILE or more in length during nighttime. Racers may never be "shadowed" (driving a vehicle at the runner's speed) and vehicles must not "caravan"

RACE RULES

(drive together, like a train, at any speed). Driving may never be at the speed of any racer. Driving must be done at the speed of traffic, never slowing down to encourage, talk to, or lend assistance to any racer while moving. All assistance must be provided by pedestrian crew members; handing off of supplies from the vehicle is never allowed.

8. Vehicles must be parked completely off the road surface whenever they are stopped (with all four tires right of the white line, preferably at least 8 feet beyond the white line). Many areas of the route have very little shoulder for parking, so care must be taken in choosing stopping places. When stopping/parking, vehicles may not stop on the left side of the road, except in VERY LARGE pullouts at which the vehicle will be at least 15 feet from the edge of the roadway. From 700pm to 700am each day (night) of the event, at all times while stopped or parked off the road, support vehicles must have their headlights turned off and emergency flashers turned on.

Safety and Medical Issues

1. Remember, at all times and in all situations, safety is the most important issue. This means safety for racers, crew, staff, and the general public must always be respected. The roads are not closed for this event and may be, in fact, quite busy with tourist and local traffic.

2. I.V.s (intravenous fluids) are not permitted during the race. If a racer receives an I.V. during the race, for any reason, then that racer is disqualified and must withdraw from the race and the race course. His or her teammates will also be disqualified, but may choose to finish the race course unofficially.

3. From 700pm to 700am each day (night) of the event, while out of doors on the race course, all racers and all crewmembers must wear reflective material facing in all four directions, as well as blinking red lights facing front and rear. Racers and crewmembers are encouraged to wear reflective material during the day as well. We highly recommend the products from ZombieRunner.com.

4. Racers are responsible for their own actions, their teammates's actions, and their crew's actions; crews are responsible for both their own actions and their racers' actions.

5. Always look and listen both ways before crossing the highways. Remember that drivers will not expect to encounter a racer or parked vehicle out on the course. Remember we are on public roads with no road closures or traffic monitoring. Racers should not cross over the highway more than necessary; crew should cross the highway carefully to bring assistance to their racer.

6. All entrants and crew must study "Medical Risks in Badwater Salton," "Dangers of Running in the Heat," and "The Dangers of Hot Weather Running" as published at www.badwater.com.

Leaving the Course or Withdrawing

1. Every inch of the course must be traveled by each racer. In the event of a routing error, e.g., wrong turn, the racer may be driven back to the exact original spot where he/she left the course and continue running from that location. There will be no allowance made for lost time or miles run in the wrong direction.

2. If a racer or team needs to leave the course, his/her crew must note the exact location with a numbered stake in the ground. This numbered stake must be visible from the road in both directions. The racer and his or her team must then resume the race from the same place that he/she left it. The numbered stakes will be provided to all runners at Runner Check-In. Racers may only leave the course for appropriate reasons such as rest or medical attention. Focus must be kept on the speedy completion of the course.

3. If a racer or team withdraws, he/she or his/her crew must contact Race Headquarters or a Time Station immediately. Team number, reason for withdrawal, time of withdrawal, and miles completed must be stated. All racers and crew who drop are encouraged - and expected - to come to the finish line and the post-race brunch to greet and celebrate with their fellow racers and crews.

4. All Emergency Evacuation costs for participants or crews will be borne by that person or their heirs. The race organizers are in no way liable or responsible for emergency evacuation.

Awards

1. All racers who begin the event will receive a BADWATER Salton Sea race t-shirt and Race Packet, as well as entry into the post-race brunch (for all racers and crew members per team). All teams which officially complete the event together within 28 hours will receive a finisher's buckle for each runner.

Rule Enforcement and Penalties

1. Race rules are designed to provide a safe and fair experience for everyone involved and to help ensure our ability to produce the race again next year.

2. Major rule infractions by racers or their crew, especially those regarding "cheating," will result in immediate disqualification of the racer.

3. Other, lesser offenses will result in the following cumulative time penalties:

- **First Penalty: One Hour**
- **Second Penalty: Disqualification**

4. Time penalties are imposed at the finish line by adjusting finishing times.

5. The Race Director has the authority, at any time, to overrule any rule or invent a new rule based on extenuating, unforeseen, and/or unusual circumstances and/or to maintain the integrity and fair play necessary for the successful completion, and continuation, of the race. The Race Director has ultimate authority in regards to all rules, their interpretation, and their enforcement. There is no “appeals committee” nor an “appeals process.” All entrants in the race, and their support crews, willingly acknowledge this fact, as well as all other race rules, by attending the race in any capacity.

6. In all cases and circumstances, it is the intent, and spirit, of the rules which will govern their implementation and enforcement.

Finally

1. Have fun and keep smiling!

MEDICAL RISKS IN BADWATER SALTON SEA

This 81-mile race is one of the most physically taxing competitive events in the world. It also has considerable medical risks. All runners and crews must appreciate these two facts both before and during the race.

Heat illness and heat stroke are serious risks. These can cause death, renal shutdown, and brain damage. It is important that runners and crews be aware of the symptoms of impending heat illness. These include: nausea, vomiting, headache, dizziness, faintness, irritability, lassitude, weakness, and rapid heart rate. Impending heat stroke may be signaled by a decrease in sweating and goose bumps, especially over the chest. Heat stroke may progress from minimal symptoms to complete collapse in a very short period of time. Deaths and renal shutdown (kidney failure) have been reported in other ultra-marathons. Adequate conditioning is mandatory.

Adequate fluid and electrolyte intake is the most important preventative for heat illness. Runners may well require dozens of gallons of fluid during this race. Proper pace is crucial.

High altitude plus exertion can also produce various degrees of altitude sickness. This can lead to severe lung and brain swelling, and even death. The main treatment is rest, and especially to get to a lower altitude.

Blisters are also a problem on this course, with pavement temperatures perhaps reaching 150-200 degrees. Proper foot care and preparation are essential for having a successful race.

Remember, you are responsible for your well-being while participating in this race. There are no aid stations. Know where your limits are and know your body. Your acceptance of invitation to this race declares that you are aware of the risks and potential health problems.

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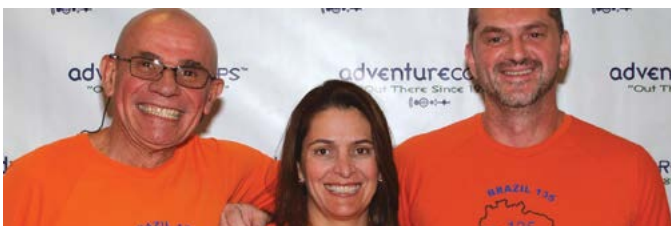
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TEAMS FROM 2013







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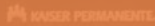
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MOVE AND BE MOVED

THE BEST DAY IN TRIATHLON



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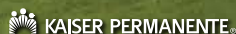
TRIATHLON CHALLENGE

1M SWIM 44M BIKE 10M RUN

OCT 19, 2014 LA JOLLA COVE

Conquer an exhilarating and scenic course while raising funds to give challenged athletes the opportunity to participate in sports. It's a celebration of ability that will change your life.

WWW.CHALLENGEDATHLETES.ORG/SDTC





Race leader Gabriel Helmlinger heads north up the beach from Cape Fear.

The 2014 Badwater Ultra Cup kicked off in North Carolina with the inaugural Badwater Cape Fear, held March 22, 2014.

After a week of rain, the weather was fabulous, the locals in the Village of Bald Head Island and at Fort Fisher were extremely supportive, and the entrants gave us rave reviews about an extremely challenging, but breathtaking race course. The variety of terrain and sights along the route is unparalleled: the start of the race at Old Baldy Lighthouse and over the creek on the wooden bridge, a straight traverse across the middle of the island through the forest canopy, a lap around the eastern end of the island and its oceanfront homes, running the length of south beach, trekking through the Maritime Forest Preserve, and then the beach running between Cape Fear and Fort Fisher provided a scenic challenge for all the runners.

Living on “island time” made it a true get-away from the real world, and many of the runners brought their families along to enjoy Bald Head Island and to support them when they passed by the Bald Head Island Conservancy four times, plus at the finish line. Bald Head residents also came and lent their support at the finish line as well, adding a personal touch to the hospitality shown by the folks at Coastal Urge, who hosted the pre-race social mixer, and by Maritime Market, which hosted the post-race breakfast. In

particular, Bald Head Island Conservancy was a fantastic host for the race. We literally based our race headquarters on their campus, and their staffers, Poul Lindegarrd and Jane Baldrige, took great care of us. In turn, we are pleased to shine a light on their important work and to raise money to support their efforts.

Eighty runners competed, with 24 runners completing the 50km race and 56 runners completing the 51.4-mile race. They represented seventeen states plus Canada. Twenty-two women and sixty-eight men competed, ranging in age from 20 to 72. Gabriel Helmlinger, 47, of Cambridge, MA took home top men’s honors, covering the 51.4 miles in 8:12, while the women’s champ, Katherine Plichta, 27, of New York, NY was the lead women and tied for 4th overall in a time of 9:13. See the inside back cover of this magazine for photos of the nine athletes who are competing in all three Badwater Ultra Cup events in 2014: Badwater Cape Fear, Badwater Salton Sea, and Badwater 135.

Please mark your calendars for the second edition of the race on March 21, 2015! Seemingly all of this year’s 80 runners promised to be back, and bring their friends, so we’re hoping to have 150 runners tackle Badwater Cape Fear next year.



The start line at Old Baldy Lighthouse on Bald Head Island.



Florida was well represented in the race field, including these 8 of 19 that trekked up from the Sunshine State.

THE OFFICIAL CHARITIES

THE OFFICIAL CHARITIES OF ADVENTURECORPS ARE THE CHALLENGED ATHLETES FOUNDATION, MAJOR TAYLOR ASSOCIATION, CARING HOUSE PROJECT FOUNDATION, AND BALD HEAD ISLAND CONSERVANCY. THE GOAL AND PURPOSE OF OUR EVENTS IS TO RAISE FUNDS FOR, AND AWARENESS OF, THESE WONDERFUL AND IMPORTANT ORGANIZATIONS.



The Challenged Athletes Foundation was created on the belief that people of all abilities should have the opportunity to pursue a life full of physical activity and of sports. Be they recreational or in pursuit of a gold medal at the Paralympic Games, people with a physical disability are limited only by their access to funding. Since 1994, CAF has raised more than \$47 million—allowing the Foundation to satisfy thousands of funding requests from challenged athletes in all 50 states and across the globe.

Over eighty cents of every dollar raised by CAF provides funding and programs that get challenged athletes into the game. Whether it's a \$2,000 handcycle, helping underwrite a \$15,000 running prosthetic or arranging enthusiastic encouragement from a mentor who has triumphed over a similar injury, CAF's mission is clear: give those with the desire to live active, competitive lifestyles every opportunity to compete in the sports they love.

Since 2002, AdventureCORPS has raised over \$300,000 for CAF, and AdventureCORPS athletes have raised equally impressive sums!

Website: www.challengedathletes.org



The Bald Head Island Conservancy was founded on Bald Head Island, NC in 1983 with a focus on barrier island conservation, preservation, and education. The Conservancy sponsors and facilitates scientific research that benefits coastal communities and provides numerous recreational and educational activities to the public. In coordination with various organizations, partnerships, and collaborations, the Conservancy has led the nation in conservation and research efforts and is uniquely poised to become a leader in Barrier Island Conservation world-wide.

Badwater fans and race participants will appreciate that BHIC cares for the pristine setting for the Badwater Cape Fear race route and its role as a sea turtle nesting site and sanctuary. The Conservancy also serves as the host and finish line for our event. As such, our goal is to raise \$10,000 to purchase one of the special UTV vehicles which BHIC uses to patrol the beach and care for sea turtle nesting sites.

Website: www.bhic.org



New for 2014, AdventureCORPS is proud to recognize **Caring House Project Foundation** as an Official Charity and support their efforts. Founded by eight-time Badwater 135 veteran Frank McKinney, and based on the principal that “stability begins at home,” the CHPF provides shelter to the world's most desperately poor and homeless people. CHPF has impacted the poorest of the poor in the countries of Haiti, Honduras, Nicaragua, Indonesia and Africa.

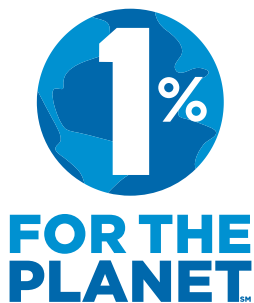
As of today, over 7,000 people will have been sheltered because of CHPF, and thousands more are alive because of the foundation's efforts. In 2014, Caring House Project is planning to build its 21st self-sufficient village in Ravine à Couleuvre, a small Haitian enclave near the Town of L'Estere (pop 3,000), located on the northwest coast of Haiti.

Website: www.chpf.org

ENVIRONMENT

AdventureCORPS events happen not in a man-made stadium, but in the real world “out there.” We care deeply about the natural world for we are intrinsically linked with it and because we want to enjoy these events in their awesome natural settings for a long, long time.

As such, we joined **One Percent For The Planet** on July 1, 2008, a growing global movement of more than 1200 companies that donate at least 1% of their sales to a network of more than 3600 approved environmental organizations worldwide. Therefore we donate at least 1% of total revenues (in other words, “off the top,” not just 1% of profit) to environmental causes. This is in addition to all the work we do on behalf of, and donations we make to, Challenged Athletes Foundation, Major Taylor Association, and Caring House Project Foundation, which are wonderful causes but not environmental in their focus. In the past ten years, we and our fellow One Percent For The Planet members have invested over \$100 million in positive environmental change.



In association with our membership in One Percent for the Planet, we have supported **The Conservation Alliance** since September, 2008. The Conservation Alliance is an organization of outdoor businesses whose collective contributions support grassroots environmental organizations and their efforts to protect wild places where outdoor enthusiasts recreate. Alliance funds have played a key role in protecting rivers, trails, wildlands and climbing areas throughout North America.



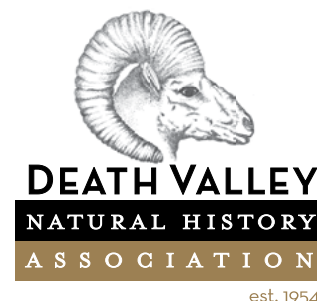
Membership in the Alliance is open to companies representing all aspects of the outdoor industry, including manufacturers, retailers, publishers, mills and sales representatives. The result is a diverse group of businesses whose livelihood depends on protecting our natural environment. Since its inception in 1989, the Alliance has contributed close to \$13 million to grassroots conservation groups throughout North America. The results of our funding have been remarkable. Alliance funding has helped save more than 42 million acres of wildlands; protect 2,825 miles of rivers; stop or remove 26 dams; designate five marine reserves; and purchase nine climbing areas. There are now more than 185 member companies, and plan to disburse \$1.7 million in 2014.

In 2014, we began supporting the **Bald Head Island Conservancy** with the inaugural BADWATER Cape Fear race by focusing attention on the race route’s pristine setting as a sea turtle nesting area and BHIC’s role as a leader in barrier island conservation, preservation and education. See elsewhere in this magazine for more about BHIC.



Additionally, we have championed other environmental causes including the **Los Angeles County Bicycle Coalition**, a nonprofit organization with over 1,000 members that engages cyclists through advocacy, education and outreach across the county. Founded in 1998, LACBC brings together the diverse bicycling community in a united mission to improve the bicycling environment and quality of life for the entire region. In 2011, we donated \$10,000 to LACBC to initiate and sponsor the Jim Swarzman Memorial Membership Drive, an effort that brought \$23,000 into LACBC.

AdventureCORPS joined the **Death Valley Natural History Association** as Life Members and recognized DVNHA as an Official Charity of AdventureCORPS from 2009 through 2013. DVNHA is a non-profit organization supporting education, research, and preservation in Death Valley National Park and Ash Meadows National Wildlife Refuge. Some of their efforts include DeathValley R.O.C.K.S. (bringing inner city kids to experience one of the largest outdoor classrooms in the world), Devil’s Hole Pupfish Recovery, Death Valley All Taxa Biological Inventory, plus they run the wonderful gift shops in the Park.



According to DVNHA, AdventureCORPS has paid for, at the minimum, “every need (sleeping bags, cooking fuel, transportation) for one Death Valley ROCKS school group (50-60 students, chaperones, and teachers) every year since 2009.” AdventureCORPS athletes have also supported this and other DVNHA causes! Additionally, through DVNHA, AdventureCORPS and our athletes have donated \$5000 to support the recently renovated Death Valley National Park Visitors Center, as evidenced by five “donor tiles” are in the Visitors Center (one per \$1000 donation.)

BADWATER® LIP BALM

Organic! Made in the USA! Proven at the World's Toughest Races!

AdventureCORPS® are pleased to offer BADWATER® Lip Balm in three flavors (Luscious Lavender, Mountain Mint, and Mojito Mint) which are presented in neat little display boxes that hold 12 of each flavor, for a total of 36 balms per box. The balms are custom-made by Joshua Tree Products for us, and are organic, SPF-15, and Made in the USA.

The tube is oval, so that it doesn't roll away when set on a smooth surface.

This product has been tested and proven in "the world's toughest foot race," the Badwater 135, and in "the toughest 48 hours in sport," the Furnace Creek 508 bicycle race, both of which we organize annually in Death Valley and the Mojave Desert. BADWATER Lip Balm works equally well in cold weather climates.

Additionally, we are members of 1% For The Planet and support various charitable and environmental causes, including the Conservation Alliance, Death Valley Natural History Association, Challenged Athletes Foundation, Major Taylor Foundation, and Los Angeles County Bicycle Coalition. Buying BADWATER® supports these causes!

The BADWATER Lip Balm display boxes contain 36 balms and measure just 4.5" square, so they take up just 20 square inches of counter space! These are great impulse buys and the product is just as useful in the winter as in the summer months. They also make great stocking stuffers and gift bag or basket additions.

Suggested Retail is \$3.95 per lip balm. Contact AdventureCORPS to become a dealer!

Also available at retail from ZombieRunner.com, in Furnace Creek and Stovepipe Wells, and at select outdoors, running, and cycling shops across America.



BADWATER® ULTRA CUP

The **BADWATER® ULTRA CUP** comprises *Badwater Cape Fear* in March, *Badwater Salton Sea* in May, and *Badwater 135* in July. Those runners who complete all three full-distance events in the same calendar year will be featured on the Badwater website and their virtues will be extolled throughout the Internet and in future editions of *BADWATER Magazine*. Pictured below are the 2014 contenders.



JEFF GLEASON



BILL THOMPSON



KEITH STRAW



ERIC SPENCER



HERNAN GARCIA



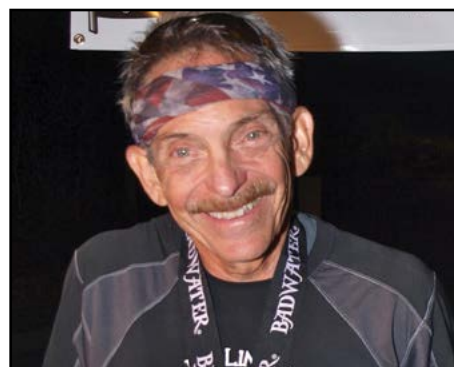
LORIE ALEXANDER



PHIL NIMMO



ANTHONY PORTERA



BOB BECKER

Visit www.badwater.com for all the information!

Run run run eat run run run...



ZombieRunner

We've got your gear!

zombierunner.com

Official Host of the BADWATER Store!

ZombieRunner is proud to be part of the BADWATER family since 2003!

Free shipping on orders over \$50!
Free return shipping!

ZombieRunner
Palo Alto, CA
650-325-2048