

## CORPScamp Suggested Packing List

### **Personal:**

- Health Insurance and Travel / Trip Cancellation Insurance
- Street clothes: shorts, shirts, pants, jacket, etc.; laundry bag.
- Personal hygiene, including soap for cycling clothes washing if desired
- Camera
- Travel mug for the afternoon Tea Social
- Directions to Death Valley location: do not use a car GPS to get to Death Valley!

### **Cycling:**

- Your complete, ride-ready bike with clincher tyres at least 25mm wide and low gearing at least 39/27
- Lights and taillights for unexpected weather and/or early starts or schedule changes
- RoadID on your body. See [www.roadid.com](http://www.roadid.com)
- Seat pack, tools, at least one new, extra tyre, at least three new tubes, patch kit, pump, and extra cleats (someone breaks a cleat at every camp and event we host!), chain lube, sunscreen, and lip balm
- Heart rate monitor, bike computer, GPS, if desired
- Water bottles, including an extra and/or Camelbak
- Five days of cycling food, bars, drinks, powders, supplements, if you have specific needs
- Small bag with your name on it to stow in SAG vehicle for personal needs
- Five days of cycling clothes for any type of weather, such as rain or wind or heat:
  - Helmet, headband
  - Cycling shades
  - Shoes with extra cleat(s)
  - 5 pair shorts
  - 5 jerseys, short sleeve
  - 5 pair of socks
  - Long sleeve jersey(s)
  - Wool jersey(s)
  - Vest
  - Arm warmers
  - Leg warmers
  - Tights
  - Windbreaker
  - Rain jacket
  - Gloves and cold weather gloves
  - Base layers
  - Shoe covers

### **On the Bike, Must Have:**

- Cell phone (rumour has it that a cell tower will be placed in DV soon)
- Route slip
- Sunblock
- Windbreaker or vest
- Moeben Sleeves and/or arm warmers
- Back-Up Food: Hammer Gel and/or food

### **Off The Bike, Hiking, Yoga, Etc:**

- Loose-fitting clothes for yoga
- Yoga mat (let us know if you would like for us to bring you a yoga mat)
- Hiking shoes and hiking clothes
- Hat
- CamelBak and/or buttpack for hiking
- Swimsuit
- Flashlight for the walk back from the Furnace Creek Inn

### **Lodging Notes:**

- You may want to inquire as to whether your room has a refrigerator, microwave, coffee pot, etc. Then consider if you want to bring a kettle for heating water, a plug-in cooler, a toaster or other similar items, as well as room food such as cup of soup, oatmeal, PB&J, and the like.
- Furnace Creek Ranch has a Laundromat.
- Laptops: leave them at home; there may or may not be Internet available. Inquire at the FC Ranch.